Master Clinical Psychology

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A quick overview

Programme structure

• Four mandatory courses 20 EC
• Two electives 0/10 EC
• Thesis 20 EC
• Internship 10/20 EC

Degree

• MSc in Psychology

Type of programme

• Full time
• 60 EC

Starts in

• September
• February
Programme outline

**September intake**

- Sept-Jan semester I: Psycho-pathology and Therapeutic Skills (5 EC)
- Sept-Jan semester I: Experimental Clinical Psychology (5 EC)
- Sept-Jan semester I: Clinical Interviewing and Assessment (5 EC)
- Sept-Jan semester I: Cognitive Behaviour Interventions (5 EC)
- Feb-Aug semester II: Two elective courses * (not necessary if you do the 20 EC internship) (10 EC)
- Feb-Aug semester II: Master’s Thesis 2nd part (20 EC)
- Feb-Aug semester II: (Clinical) Internship (10 or 20 EC)
- Master’s Thesis 1st part

**February intake**

- Feb-Aug semester II: Psycho-pathology and Therapeutic Skills (5 EC)
- Feb-Aug semester II: Experimental Clinical Psychology (5 EC)
- Feb-Aug semester II: Clinical Interviewing and Assessment (5 EC)
- Feb-Aug semester II: Cognitive Behaviour Interventions (5 EC)
- Feb-Aug semester II: Two elective courses * (not necessary if you do the 20 EC internship) (10 EC)
- Feb-Aug semester II: Master’s Thesis 2nd part (20 EC)
- Feb-Aug semester II: (Clinical) Internship (10 or 20 EC)
- Master’s Thesis 1st part
# Programme: September Starters

<table>
<thead>
<tr>
<th>Semester 1</th>
<th>Semester 2</th>
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<tbody>
<tr>
<td>Block 1</td>
<td>Block 2</td>
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<tr>
<td><strong>Mandatory courses</strong></td>
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<tr>
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<td>• <strong>CIA</strong> Clinical Interviewing and Assessment</td>
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<tr>
<td>• <strong>ECP</strong> Experimental Clinical Psychology</td>
<td>• <strong>CBI</strong> Cognitive Behavioral Interventions</td>
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<td><strong>INTERNERSHIP</strong></td>
<td><strong>20 OR 10</strong> + electives <strong>10</strong></td>
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Discover the world at Leiden University
# Programme: February Starters

<table>
<thead>
<tr>
<th>Semester 2</th>
<th>Semester 1</th>
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<tbody>
<tr>
<td><strong>Block 3</strong></td>
<td><strong>Block 4</strong></td>
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# Requirements within the programme

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  Psychopathology & Therapeutic Skills | • **CIA**  
  Clinical Interviewing and Assessment |
| **Block 3** | **Block 4** |
| Mandatory courses | Mandatory courses |
| • **PTS**  
  Psychopathology & Therapeutic Skills | • **CBI**  
  Cognitive Behavioral Interventions |

**THESIS & proposal**  
**Skills courses = prerequisite for clin. internship**

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| **INTERNSHIP**  
**20 OR 10 + electives 10** |

**PTS = required for CBI**
1-Yr Clinical Psychology Master: 60 ECTS

What you will learn:
• Clinical interviewing
• Therapeutic Skills
• Critical Thinking

Theory & Practice

Discover the world at Leiden University
Mandatory Courses: 20 ECTS

- Psychopathology & Therapeutic Skills
- Cognitive Behavioural Interventions
- Clinical Interviewing and Assessment
- Experimental Clinical Psychology

20 ECTS courses
20 ECTS thesis
20 ECTS internship +/- electives
Internship: 10/20 ECTS

20 ECTS INTERNSHIP

10 ECTS INTERNSHIP

10 ECTS ELECTIVES

20 ECTS

20 ECTS

20 ECTS

courses

thesis

internship +/- electives
Internship: 10/20 ECTS
Internships: 10 ECTS = 260 hours

Practical Internship Psychology
At an external organization
Apply your skills within a broader (or multidisciplinary) context related to the field of clinical psychology.

The Research Internship
Internal: At clinical psychology department, Leiden University
External: At other organisations
Research & PhD oriented

The Trainer-Psychologist Internship (TCCS)
Only students fluent in Dutch
Personal development & group work
Option to teach Interpersonal Professional Skills in Bachelor-2

The Internal Practice Internship (IPI)
Only for international students
Therapy & psychodiagnostics (coaching)
Possibly in high demand: Selection procedure

Note 1: Additional 10 ECTS of electives required
Note 2: For these internships, it is not possible to get a diagnostic registration (“LOGO verklaring”) necessary for postdoctoral education (“GZ-opleiding”)
Clinical internship: 20 ECTS = 560 hours

Clinical Practice internship

- External mental healthcare institution
- In the Netherlands or abroad
- 20 ECTS = max 560 hours (+ 40 hours for intervision, writing reports)
- Duration of max. 6 months
- Qualifies for the post-doctoral GZ-education
- Some position have the opportunity to get a diagnostics registration (LOGO/BAPD)

Note that we do not offer the BAPD in our master’s programme, we advise the LOGO verklaring (www.vlogo.nl). See also Brightspace.
Clinical Internship: 20 ECTS = 560 hours

For international students:

• In Dutch institutions: often only if you speak Dutch fluently
• At international practices in the Netherlands: very scarce!
• In other country where you master the language: ask other international students, see list on Brightspace
• If other possibilities for internship arise, they will be listed on Brightspace

Alternative internships: Psychologist Trainer (IPI, 10 ECTS) & Research Internship (10 ECTS) are strongly advised + 10 ECTS electives
Electives: See Prospectus

- Electives may be taken from other specialisations of Psychology
- Electives at other institutes or other universities require formal approval by Examination Committee
Master CP Electives

Block 3:
E-health Interventions in Mental Health Care

• Learn principles and state of the art of e-mental health

• Learn online treatment skills, how to support clients with mental health problems via different technological platforms (chat, mail, videocall)

• Get hands on experience in an e-health program as therapist and as client
Master CP Electives

Block 4:

**Trauma & Mental Health: Etiology, Prevention, Diagnostics and Treatment**

- Learn psychosocial and neurobiological processes after traumatic exposure
- Learn about the role of trauma in psychological disorders and on various life domains
- Learn about evidence-based guidelines for trauma- and stressor-related psychological disorders and current clinical research controversies
Thesis: 20 ECTS = 520h

- Topics offered by staff in Sept / Feb
- Students submit their top 5
- Wide range of themes, study designs, methods
- Start in your 1st semester, finish in your 2nd semester (July/Nov)
Master thesis (20 ECTS)

- Thesis process starts in first month of your master!
- Sept / Feb: Pick top 5 from topics on Brightspace
- Individual supervisor
- Groupwise supervision
  - Organised around research themes of our department
  - 4 group meetings
  - Peer review
- Dec / June: Deadline thesis proposal
- June / Nov: Deadline final thesis
Before the start of the programme

Sign up for courses

• Course planning: June and November
• Course enrolment: July and December

Instructions on student website of Leiden University

Be present at the Master’s Kick Off

More information will follow via email
We are looking forward to welcoming you at Leiden University!