

CURRICULUM VITAE

Ruthie Pliskin

CONTACT INFORMATION:

Institutional Address: Leiden University Institute of Psychology
Pieter de la Court Building
Wassenaarseweg 52, 2A-39
2333 AK Leiden, the Netherlands

E-mail: r.pliskin@fsw.leidenuniv.nl Phone: +31-71-5276762
Website: www.ruthiepliskin.com

EDUCATION:

Ph.D. Social Psychology, Tel Aviv University (TAU) and
Interdisciplinary Center Herzliya (IDC) 2017
Title of Dissertation:
The Interrelations of Emotion and Ideology in Intractable Intergroup Conflict
Advisors: Prof. Eran Halperin, Prof. Daniel Bar-Tal, and Prof. Gal Sheppes
Research fellowship at New York University (United States) January-March 2016
Research fellowship at the University of Groningen (Netherlands) April-July 2014

B.Sc. Film and Television, Boston University (BU) College of Communication 2006
Minor in Psychology
Summa Cum Laude, Dean's List 2004, 2005, 2006

ACADEMIC POSITIONS:

Assistant Professor, Institute of Psychology, Leiden University Starting 2017
Postdoctoral Fellow (advisor: John Jost), Department of Psychology, NYU 2016-2017
Project Manager, Applied Center for Psychology of Social Change, IDC 2014-2017
Adjunct Lecturer, Ivcher School of Psychology, IDC 2015-2016
Adjunct Lecturer, Lauder School of Government, IDC 2014-2015

PUBLICATIONS:

Refereed articles in scientific journals

- Alkoby, A., Pliskin, R., Halperin, E., & Levit-Binnun, N. (in press). Increased flexible and adaptive emotion regulation choice following an eight-week mindfulness workshop. *Emotion*.
- Hasan-Aslih, S., Pliskin, R., van Zomeren, M., Halperin, E., & Saguy, T. (in press). A darker side of hope: Harmony-based hope ironically decreases collective action intentions among the disadvantaged. *Personality and Social Psychology Bulletin*.
- Cohen, R., Pliskin, R., & Halperin, E. (in press). How I learned to stop fearing: Ideological differences in choice of reappraisal content. *European Journal of Social Psychology*.
- Pliskin, R., Halperin, E., Bar-Tal, D., & Sheppes, G. (2018). When ideology meets conflict-related content: Influences on emotion generation and regulation. *Emotion, 18*(2), 159-170. <http://dx.doi.org/10.1037/emo0000317>

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- Pliskin, R., Sheppes, G., & Halperin, E. (2015). Running for your life, in context: Are rightists always less likely to consider fleeing their country when fearing future events? *Journal of Experimental Social Psychology*, *59*, 90-95. doi: 10.1016/j.jesp.2015.04.001
- Halperin, E., & Pliskin, R. (2015). Emotions and emotion regulation in intractable conflict: Studying emotional processes within a unique context. *Political Psychology*, *36*(S1), 119-150.
- Nets-Zehngut, R., Pliskin, R., & Bar-Tal, D. (2015). Self-censorship in conflicts: Israel and the 1948 Palestinian exodus. *Peace and Conflict*, *21*(3), 479-499.
- Pliskin, R., Bar-Tal, D., Sheppes, G., & Halperin, E. (2014). Are leftists more emotion-driven than rightists? The interactive influence of ideology and emotions on support for policies. *Personality and Social Psychology Bulletin*, *40*(12), 1681-1697.
- Halperin, E., Pliskin, R.*, Saguy, T., Liberman, V., & Gross, J. J. (2014). Emotion regulation and the cultivation of political tolerance: Searching for a new track for intervention. *Journal of Conflict Resolution*, *58*(6), 1110-1138.
- Nasie, M., Bar-Tal, D., Pliskin, R., Nahhas, E., & Halperin, E. (2014). Overcoming the barrier of narrative adherence in conflicts through awareness of the psychological bias of naïve realism. *Personality and Social Psychology Bulletin*, *40*(11), 1543-1556.
- *Equal contribution by the first two authors.*

Chapters in collective volumes

- Pliskin, R., Yudkin, D., Jost, J. T., & Trope, Y. (in press). Myopia of the masses: Comparative scope, relative deprivation, and system justification. In J. Suls, R. Collins, & L. Wheeler (Eds.), *Social comparison in judgment and behavior*. New York: Oxford University Press.
- Pliskin, R., & Halperin, E. (in press). The promise of adopting an emotional approach to understanding and reducing political intolerance. In E. Borgida, C. Federico, & J. Miller (Ed.), *At the forefront of political psychology: Essays in honor of John L. Sullivan*. New York: Routledge.
- Pliskin, R., Goldenberg, A., Ambar, E., & Bar-Tal, D. (2017). Speaking out and breaking the silence. In D. Bar-Tal (Ed.), *Self-censorship in context: Theory and research on a barrier to peace* (pp. 243-268). New York: Springer.
- Pliskin, R., & Halperin, E. (2016). Emotions and emotion regulation in intractable conflict and their relation to the ethos of conflict in Israeli society. In K. Sharvit & E. Halperin (Eds.), *The Israeli-Palestinian conflict: A social psychology perspective – Celebrating the legacy of Daniel Bar-Tal* (Vol. II) (pp. 167-184). New York: Springer.
- Pliskin, R., Halperin, E., & Bar-Tal, D. (2015). Overcoming socio-psychological barriers: The influence of beliefs about losses. In G. Sher and A. Kurz (Eds.), *Negotiating in times of conflict* (pp. 193-204). Tel Aviv-Jaffa: INSS.
- Bar-Tal, D., Halperin, E., & Pliskin, R. (2014). Why it is so difficult to resolve intractable conflicts peacefully? A socio-psychological explanation. In M. Galluccio (Ed.), *Handbook of international negotiation: Interpersonal, intercultural and diplomatic perspective* (pp. 73-92). New York: Springer.

GRANTS AND AWARDS:

2016-2017 TAU President's Post-Doctoral Scholarship for Excelling Female Graduates

Ruthie Pliskin

- 2016 The Mind & Life Institute's 1440 Grant for the investigation of social and relational outcomes of contemplative practice
- 2015 Prof. Rahamimoff Travel Grant for Young Scientists of the US-Israel Binational Science Foundation (BSF)
- 2015 The David and Paulina Trotsky Fund Excellence Scholarship for PhD students
- 2015 TAU Social Sciences Faculty Excellence Scholarship for PhD students
- 2015 Junior Scholar Travel Award towards attending the annual meeting of the International Society of Political Psychology
- 2014 TAU Scholarship for a Short Research Stay at the University of Groningen
- 2006 Blue Chip award for academic excellence and leadership, BU
- 2004-2006 University Scholarship for Excellence, BU
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INVITED TALKS:

- 2017 The Right and Left of Emotional Processes in Intergroup Conflict. Colloquium of the Social and Organisational Psychology Section, Leiden University, the Netherlands (May 3rd).
- 2016 Intergroup Empathy, Ideology, and Engagement: When Empathy Doesn't Deliver the Goods. Interdisciplinary Workshop on Accepting the Other: Learning to Live Together with Differences. Bilgi University, Istanbul, Turkey (November 26th).
- 2016 The Right and Left of Emotional Processes in Intergroup Conflict. Political Psychology Program, Stony Brook University, Stony Brook, NY, USA (October 19th).
- 2016 The Interrelations of Ideology and Emotions in Intergroup Conflict. West Lab, Department of Psychology, NYU, NY, USA (March 2nd).
- 2015 The Interrelations of Ideology and Emotions in Intergroup Conflict. School of Political Science, University of Haifa, Israel (December 17th).
- 2015 The Interrelations of Ideology and Emotions in Intergroup Conflict. Jost Lab, Department of Psychology, NYU, NY, USA (June 16th).
- 2015 The Interrelations of Ideology and Emotions in Intergroup Conflict. Ivcher School of Psychology Social Seminar, IDC Herzliya, Israel (May 25th).
- 2014 Are Leftists More Emotion-Driven than Rightists? The Interactive Influence of Ideology and Emotions on Policy Support. Department of Social Psychology, University of Amsterdam, the Netherlands (July 1st).
- 2014 Are Leftists More Emotion-Driven than Rightists? The Interactive Influence of Ideology and Emotions on Policy Support. Department of Social Psychology, University of Groningen, the Netherlands (May 1st).
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CONFERENCE ACTIVITY:

International conferences and workshops organized

- 2018 Organizer. KLI Workshop on Social Class, Social Cognition, and Social Attainment, given by Eric D. Knowles (New York University). Leiden, the Netherlands (May 28-29).

Ruthie Pliskin

2015 Organizer and co-chair. Medium-sized meeting on Identity, Emotion and Intergroup Conflict, Jaffa, Israel (June 3-6).

Symposia organized at international conferences

2017 Symposium organizer and chair. Social influences on the regulation of emotion. 18th General Meeting of the European Association of Social Psychology (EASP), Granada, Spain (July 5-8).

2017 Symposium organizer and chair. Values and political engagement: The central role of emotions. Annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX, USA (January 19-21).

2016 Symposium organizer and chair. The influence of ideology on the regulation and perception of emotion in intergroup conflict. Annual meeting of the International Society of Political Psychology (ISPP), Warsaw, Poland (July 13-16).

2014 Symposium organizer. The interrelations of ideology and emotions in political contexts. ISPP annual meeting, Rome, Italy (July 4-7).

Papers presented

Hasan-Aslih, S., Pliskin, R., Shuman, E., van Zomeren, M., Saguy, T., Halperin, E. (2018, April). Joint collective action: Acting together with the enemy. Paper to be presented at the KLI Conference, Zeist, the Netherlands.

Pliskin, R., Nabet, E., Jost, J. T., Tamir, M., & Halperin, E. (2018, April). Holding on to hope (or fear): Emotional change in the service of ideological self-justification. Paper accepted for presentation at the Consortium of European Research on Emotion (CERE), Glasgow, UK.

Pliskin, R., Halperin, E., Bar-Tal, D., & Sheppes, G. (2017, July). Right and left of emotion regulation choice: Disengaging from harm to the ingroup and outgroup. 18th EASP General Meeting, Granada, Spain.

Pliskin, R., Halperin, E., & Jost, J. T. (2017, June-July). Mapping ideological differences in anger regulation in interpersonal and intergroup domains. ISPP annual meeting, Edinburgh, Scotland.

Pliskin, R., Nabet, E., Jost, J. T., Tamir, M., & Halperin, E. (2017, June). Holding on to hope (or fear): Emotional change in the service of ideological self-justification. EASP medium-sized meeting "Understanding the Winds of Change," Appingedam, the Netherlands.

Pliskin, R., Halperin, E., Bar-Tal, D., & Sheppes, G. (2017, January). When ideology meets conflict-related content: Influences on emotion generation and regulation. SPSP annual meeting, San Antonio, TX, USA.

Pliskin, R., Halperin, E., Bar-Tal, D., & Sheppes, G. (2016, November). When ideology meets conflict-related content: Influences on emotion generation and regulation. NYU Postdocs Interdisciplinary Symposium, New York, NY, USA.

Pliskin, R., Sheppes, G., Bar-Tal, D., & Halperin, E. (2016, July). Emotions and emotion regulation in intractable conflict: Studying emotional processes within a unique context. Medium-sized meeting "Intergroup Psychological Interventions," Stanford University, USA.

Pliskin, R., Nabet, E., & Halperin, E. (2016, July). Holding on to hope: The regulatory power of leftist ideology in times of tension. ISPP annual meeting, Warsaw, Poland.

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- Pliskin, R., Bar-Tal, D., Sheppes, G., & Halperin, E. (2016, June). Ideological differences in emotional processes in conflict: Acknowledging the critical role of context. EASP medium-sized meeting "The Psychology of Political Ideology: Insights from Intergroup Approaches," Jena, Germany.
- Pliskin, R., Bar-Tal, D., Sheppes, G., & Halperin, E. (2016, April). Ideological influences on the outcomes of emotion and its regulation in intractable conflict. EASP medium-sized meeting "Promoting a Social Approach to Emotions," Cologne, Germany.
- Pliskin, R., & Halperin, E. (2015, July). Studying emotional processes in a unique context: The role of ideology. International Society of Research on Emotion (ISRE) annual meeting, Geneva, Switzerland.
- Pliskin, R., Sheppes, G., Bar-Tal, D., & Halperin, E. (2015, July). The right and left of emotion regulation: Ideology's influence on regulatory choice in intergroup conflict. ISPP annual meeting, San Diego, CA, USA.
- Pliskin, R., Sheppes, G., Bar-Tal, D., & Halperin, E. (2015, June). The right and left of emotion regulation: Ideology's influence on regulatory choice in intergroup conflict. Medium-sized meeting "Identity, Emotion and Intergroup Conflict," Jaffa, Israel.
- Pliskin, R., Sheppes, G., & Halperin, E. (2014, December). Running for your life, in context: Are rightists always less likely to consider fleeing their country when fearing future events? Social Psychology PhD Students Annual Conference, Haifa University, Israel.
- Pliskin, R., Bar-Tal, D., Sheppes, G., & Halperin, E. (2014, July). Are leftists more emotion-driven than rightists? The interactive influence of ideology and emotions on policy support. 17th EASP General Meeting, Amsterdam, the Netherlands.
- Pliskin, R., Sheppes, G., & Halperin, E. (2014, July). It's all about the context: Are rightists always less likely to consider fleeing their country when fearing future events? ISPP annual meeting, Rome, Italy.
- Pliskin, R., Sheppes, G., Daniel Bar-Tal, & Halperin, E. (2014, July). Emotions in the eye of the beholder: Differential emotional reactions across the ideological spectrum. ISPP annual meeting, Rome, Italy.
- Pliskin, R., Bar-Tal, D., Sheppes, G., & Halperin, E. (2014, March). Are leftists more hot-headed than rightists? The interactive influence of ideology and emotions on policy support. Consortium of European Research on Emotion (CERE), Berlin, Germany.
- Pliskin, R., Halperin, E., Bar-Tal, D., & Sheppes, G. (2013, December). Are leftists more hot-headed than rightists? The interactive influence of ideology and emotions on policy support. Social Psychology PhD Students Annual Conference, Ben Gurion University, Israel.
- Pliskin, R., Halperin, E., Bar-Tal, D., & Sheppes, G. (2013, July). The impact of emotions on the attitudes of ideological rightists and leftists in conflict: Who's guided most? ISPP annual meeting, Herzliya, Israel.
- Pliskin, R., Goldenberg, A., & Bar-Tal, D. (2013, July). The psychology of the decision not to self-censor: a theoretical framework. ISPP annual meeting, Herzliya, Israel.
- Pliskin, R., Halperin, E., Liberman, V., & Gross, J. J. (2012, May). Emotion regulation and the cultivation of political tolerance: Searching for a new track for intervention. CERE, Kent, UK.
- Pliskin, R., Halperin, E., Liberman, V., & Gross, J. J. (2011, September). Emotion regulation and the cultivation of political tolerance: Searching for a new track for intervention. American Political Science Association (APSA) annual meeting, Seattle, WA, USA.

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Pliskin, R., Nets-Zehngut, R., & Bar-Tal, D. (2011, July). Self-censorship of historical narratives of conflict: Findings from Israel on the 1948 Palestinian exodus. ISPP annual meeting, Istanbul, Turkey.

Pliskin, R., Halperin, E., Liberman, V., & Gross, J. J. (2011, July). Emotion regulation and the cultivation of political tolerance: Searching for a new track for intervention. ISPP annual meeting, Istanbul, Turkey.

AD-HOC REVIEWER:

British Journal of Social Psychology

Emotion

European Journal of Social Psychology

Group Processes and Intergroup Relations

Journal of Conflict Resolution

Journal of Experimental Social Psychology

Personality and Social Psychology Bulletin

Political Behavior

Political Psychology

Political Research Quarterly

Social Psychological and Personality Science

MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS:

International Society for Political Psychology (ISPP) – **member of the Governing Council**

Society for Personality and Social Psychology (SPSP)

International Society for Research on Emotion (ISRE)

Associatie van Sociaal Psychologische Onderzoekers (ASPO)

Kurt Lewin Institute (KLI)

TEACHING:

Assistant Professor, Leiden University, 2017-present

- Thesis and internship supervisor (M.A. Level)
- Intergroup Relations (M.A. Level)
- Emotions and Irrationality (M.A. Level)
- Bachelor's thesis project supervisor (B.A. Level)
- Social Psychology in Organizations (B.A. Level)

Adjunct Instructor, IDC Herzliya, 2014-2016

- Research Seminar: Emotions, Ideology, and their Interrelations (B.A. Level)
- Psychology, Society, and Culture (B.A. Level)
- Psychological Aspects of Conflicts and Their Resolution (B.A. Level)

Teaching Assistant, IDC Herzliya, 2010-2015

- Research Seminar: Emotions, Ideology, and their Interrelations (B.A. Level)
- Advanced Seminar on Emotions in Conflict (M.A. Level)
- Conflict Resolution (M.A. Level)
- Psychological Aspects of Conflicts and Their Resolution (B.A. Level)

Teaching Assistant, TAU, 2010-2012

- Statistical Models for Business Management (M.B.A. level)

Teaching Assistant, Boston University, 2004

- Physiological Psychology (B.A. Level)
-