

ABIGAIL S. POST

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ACADEMIC APPOINTMENTS AND AFFILIATIONS

Leiden University, Institute of Political Science, Leiden, The Netherlands
Assistant Professor of International Relations (February 2026 —)

University of Pittsburgh, Department of Political Science, Pittsburgh, PA
Part Time Instructor, National Security Studies (August 2025 — January 2026)

University of Pittsburgh, Graduate School of Public and International Affairs, Pittsburgh, PA
Matthew B. Ridgway Center for International Security Studies Associate (July 2023 — July 2025)

Dartmouth College, John Sloan Dickey Center for International Understanding, Hanover, NH
Rosenwald Postdoctoral Fellow in U.S. Foreign Policy and International Security (September 2022 — June 2023)

RAND Corporation, Pittsburgh, PA
Stanton Nuclear Security Fellow (August 2021 — August 2022)

Anderson University, Department of History and Political Science, Anderson, IN
Assistant Professor of National Security and Political Science (August 2018 — August 2021)

EDUCATION

University of Virginia: Charlottesville, VA May 2018
Ph.D., Foreign Affairs
Dissertation: It's the Principle at Stake: Rhetoric and Compromise in International Bargaining
2019 Winner of the John McCain Dissertation Award

University of Virginia: Charlottesville, VA May 2014
M.A., Foreign Affairs
Thesis: Strength in Signals: Tying Hands and Sunk Costs in Military Coercion

The College at Brockport, SUNY: Brockport, NY May 2011
B.A., International Studies (Major), Political Science (Major), Business Administration (Minor)
Summa Cum Laude

PEER-REVIEWED PUBLICATIONS

Abigail Post and Todd Sechser (2024). "Hand-Tying through Military Signals in Crisis Bargaining."
International Studies Quarterly.

Abigail Post (2023). "Words Matter: The Effect of Moral Language on International Bargaining."
International Security.

Todd Sechser and Abigail Post (2023). “Mild Aggressive Behavior and Images of Real-Life Violence.” *Journal of Experimental Psychology: Applied*.

Abigail Post and Paromita Sen (2020). “Why Can’t a Woman be More Like a Man? Female Leaders in Crisis Bargaining.” *International Interactions*.

Honorable Mention: American Political Science Association (APSA) Women and Politics Research Best Paper Award, 2016.

Abigail Post (2019). “Flying to Fail: Costly Signals and Air Power in Crisis Bargaining.” *The Journal of Conflict Resolution*.

BOOK REVIEWS

Review of *Untied Hands: How States Avoid the Wrong Wars* by Dan Reiter. Forthcoming. *International Studies Review*.

Review of *Tempting Fate: Why Nonnuclear States Confront Nuclear Opponents* by Paul Avey. December 17, 2021. H-Diplo/ISSF Roundtable 13-5.

POLICY RESEARCH AND COMMENTARY

Joslyn Fleming, Chandra Garber, Karen M. Sudkamp, Elisa Yoshiara, **Abigail S. Post**, Victoria M. Smith, Khadesia Howell. “Women, Peace, and Security in Action: Including Gender Perspectives in Department of Defense Operations, Activities, and Investments.” October 18, 2023. RAND Corporation.

“Biden’s rhetoric on Ukraine has been quite moderate. Here’s what that means.” January 28, 2022. *Washington Post—The Monkey Cage*

“Obama said that if women ran the world, there’d be less war. Here’s the research.” December 22, 2019. *Washington Post—The Monkey Cage*.

AWARDS AND HONORS

Centennial Center Research Grant (\$2,400), 2020

Institute for Humane Studies (IHS) Hayek Fund (\$2,000), 2020

Distinguished Scholar Award, Anderson University, 2019-20

Faculty Development Grant, Anderson University (\$7,155), 2019

John McCain Dissertation Award (€12,000), 2018

Institute for Humane Studies (IHS) PhD Scholarship (\$1,500), 2017

Class of 1985 Fellowship for Creative Teaching, University of Virginia (\$5,000), 2016

American Political Science Association (APSA) Women and Politics Research Best Paper Award
Honorable Mention, 2016, with Paromita Sen

Alison J. Meloy Outstanding Graduate Teaching Assistant, Department of Politics, University of Virginia, 2016

Zora Neale Hurston Graduate Essay Prize (with Paromita Sen), Department of Women, Gender, and Sexuality, University of Virginia (\$300), 2016

Charles Koch Foundation Dissertation Grant (\$5,000), 2016

Quantitative Collaborative Bynum Research Award, University of Virginia (\$2,000), 2015

Triple Hoo Research Grant (with Todd Sechser), University of Virginia (\$10,000), 2015

WORKSHOPS AND INVITED TALKS

Invited Participant. New Voices in National Security “Strategy and Escalation” workshop, Washington, D.C., June 25, 2026.

Selected Participant. 2022 Strategic Force Analysis Boot Camp, Albuquerque, New Mexico, September 18-23, 2022.

Selected Participant. “Preventing the Flood: Statecraft, Policy Tools, and Border Control,” 4th Annual Conference on International Borders in a Globalizing World, April 2022.

Invited Participant. Military Immersion Map Exercise, RAND Corporation, Arlington, VA, April 19-21, 2022.

Invited Speaker. “A Point of Principle: Rhetoric and Compromise in International Bargaining,” Syracuse University Maxwell School of Citizenship and Public Affairs, October 2020.

Invited Participant. “Resistance and Opposition to Liberal International Institutions,” University of Chicago, May 2020 (*cancelled due to COVID-19).

Invited Speaker. “Flying to Fail: Costly Signals in International Bargaining,” USAF School of Advanced Air and Space Studies, March 2020 (*cancelled due to COVID-19).

Selected Participant. Bridging the Gap’s 2019 International Policy Summer Institute (IPSI), Washington, D.C., 2019.

Invited Participant. Munich Security Conference, Munich, Germany, February 15-17, 2019.

Invited Participant. “Advancing the Scientific Study of Diplomacy,” Peace Science Society Workshop, Austin, TX, 2018.

Selected Participant. Harvard International Security Conference, Harvard, MA, October 2017.

Invited Participant. “Survey Experiments in International Relations,” Peace Science Society Workshop, South Bend, IN, 2016.

Invited Participant. “A Mixed-Method Approach to the Study of Nuclear Weapons,” Peace Science Society Workshop, South Bend, IN, 2016.

Invited Talk. “Norms, Public Opinion, and the Use of Nuclear Weapons,” University of Buffalo, Buffalo, NY, October 2016.

Selected Participant. Nuclear Studies Research Initiative Annual Workshop, Airlie, VA, 2015.

Invited Talk. University of Virginia Quantitative Collaborative, Charlottesville, VA, 2015.

CONFERENCE PARTICIPATION

- *American Political Science Association* Annual Meeting
 - Presentation: 2015, 2016, 2017, 2019, 2020, 2022
 - Chair/discussant: 2016, 2020
- *Peace Science Society* Annual Meeting
 - Presentation: 2015, 2016, 2018
- *International Studies Association* Annual Convention
 - Presentation: 2015, 2017, 2021, 2023
 - Chair/discussant: 2022, 2023
- *International Studies Association ISSS-ISAC* Annual Conference
 - Presentation: 2014

TEACHING EXPERIENCE

Instructor, Leiden University

Global Security (undergraduate), Spring 2026
Thesis Seminar International Security (masters), Spring 2026

Instructor, Anderson University

Introduction to Politics, Fall 2018, Fall 2019, Fall 2020
Introduction to National Security, Fall 2019, Fall 2020
Introduction to International Relations, Fall 2018
Political Science Research Methods, Fall 2018, Fall 2019, Fall 2020
Public Policy, Spring 2021
Terrorism and Political Violence, Fall 2018, Fall 2020
Civilian Perspectives on Political Violence, Spring 2019, Spring 2021
International Relations/International Security, Spring 2019, Spring 2021
International Political Economy, Spring 2020
Homeland Security, Spring 2019, Spring 2021
Intelligence and Security Studies, Spring 2020
Model United Nations, Spring 2019, Fall 2019, Spring 2020, Fall 2020
Senior Seminar, Spring 2021

Instructor, University of Buffalo

International Relations Theory, Spring 2018

Instructor, University of Virginia

Speech and Diplomacy in World Politics, Summer 2017

Graduate Teaching Assistant, University of Virginia

International Relations, Fall 2012 (Prof. Peter Furia), Spring 2013/Spring 2014/Fall 2015 (Prof. Todd S. Sechser)
Military Force in International Relations, Fall 2013 (Prof. Dale C. Copeland)
Foreign Policy of the United States, Fall 2014 (Prof. John M. Owen)
Theories of International Relations, Spring 2015 (Prof. Jeffrey W. Legro)
Ethics and Human Rights in World Politics, Spring 2016 (Prof. Michael J. Smith)

ADDITIONAL RESEARCH EXPERIENCE

Lab and Project Manager, “Violence, Cognition and the Media,” Professor Todd Sechser, University of Virginia, Spring 2014-Spring 2017

– Developed and conducted a series of laboratory and survey experiments on the effects of violent media on individual cognition and behavior. Supervised eight graduate research assistants and thirty undergraduate research assistants.

Research Assistant, “Militarized Compellent Threats,” Professor Todd Sechser, University of Virginia, Spring 2014-Fall 2016

– Conducted research on ongoing data project of compellent threats. Supervised three undergraduate research assistants.

Research Assistant, “Public Opinion and the Use of Military Force,” Professor Todd Sechser, University of Virginia, Spring 2014-Spring 2017
– Designed and conducted three survey experiments on the determinants of public support for military action. Supervised two undergraduate research assistants.

ADDITIONAL TRAINING

Summer Workshop on the Analysis of Military Operations and Strategy (SWAMOS), Arnold A. Saltzman Institute for War and Peace Studies, Columbia University, July 10-24, 2016
Mellon Graduate Teaching Seminar on “Pluralism in Society and the Academy,” University of Virginia, 2015-16
Tomorrow’s Professor Today, Center for Teaching Excellence, University of Virginia, 2015-16
Inter-university Consortium for Political and Social Research, July-August 2015
Advanced Game Theory and *Advanced Maximum Likelihood*
Nuffield CESS/Munk School Experimental Methods Summer School, May 20-30, 2014

SELECTED PROFESSIONAL ACTIVITIES & AFFILIATIONS

Adjunct, RAND Corporation, 2022–2023
Reviewer for APSA Summer Centennial Center Research Grants, 2021
Honors thesis advisor for Hayley Stone (2019), Michaela McCurdy (2020), Daniel Gaines (2021), Emily Smatlak (2021)
Panel Coordinator for International Relations Subfield, Midwest Political Science Association (MPSA) Annual Meeting, 2020
Faculty Advisor for Anderson University’s Simulations in National Security Student Organization, 2019-2021
Faculty Advisor for Anderson University’s Model United Nations, 2018-2021
Research Assistant Professor, University of Buffalo, 2017-2018
Student Coordinator of the Lansing B. Lee/Bankard Seminar in Global Politics at the University of Virginia, 2013-2015
Lab Manager for Politics Department, University of Virginia, 2015-2016
QC Graduate Fellow, Quantitative Collaborative, University of Virginia, 2014-2015
Reviewer: *American Journal of Political Science*, *American Political Science Review*, *Conflict Management and Peace Science*, *Defense and Security Analysis*, *European Journal of International Relations*, *Government and Opposition*, *International Interactions*, *International Security*, *International Studies Quarterly*, *International Organization*, *International Studies Perspectives*, *Journal of Conflict Resolution*, *Journal of Genocide Research*, *Journal of Peace Research*, *Political Science Quarterly*, *World Politics*, Time-Sharing Experiments for the Social Sciences (TESS)

COMPUTER SKILLS

R, Stata, L^AT_EX, z-Tree, Millisecond Inquisit, Qualtrics, Limesurvey, Python (text analysis), Yoshikoder

OTHER EXPERIENCE

Consultant, Smack Technologies, 2025–present

Volunteer, Humane Animal Rescue of Pittsburgh, PA 2021-2023

Volunteer, Strong Women Strong Girls, Pittsburgh, PA, 2021-2022

REFERENCES

John M. Owen
Taylor Professor of Politics
University of Virginia
jmo4n@virginia.edu

Megan Stewart
Associate Professor
University of Michigan
mastew@american.edu

Todd S. Sechser
Edmonds Discovery Professor of Politics
University of Virginia
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Paul Poast
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