

LUC

WINTER
ACADEMY

JANUARY 24-28, 2022

COURSE GUIDE

NO GRADES, JUST GROWTH

The LUC Winter Academy offers a space for relaxed learning during winter break -- at AvB & online. It is organised in two parts:

WELLNESS TRACK

These workshops are designed to help you take good care of yourself. They have been organised by LUC's SLO, Lenore Todd, in collaboration with experts on well-being. These workshops give priority access to current LUC students and are completely free of charge.

ALUMNI TRACK

A group of LUC alumni are donating their time to give 1, 2, and 3-day mini-courses on topics close to their hearts. The goal is to bring what LUC alumni learn after graduation back into AvB -- to strengthen ties between current and past students, and to enrich the LUC curriculum with graduates' experiences. These courses are also free, but we ask for a **suggested donation** to help raise money for the LUC Scholarship Fund. They are open to both current students and alumni alike (and maybe even staff, with instructors' approval).



Register by **January 10** @ <http://lucwa.my.canva.site>

WELLNESS TRACK

PERFECTIONISM WORKSHOP

Trainer: Vassia Sarantopoulou

The popular societal image of a perfectionist (neat, driven, and well, perfect) is at odds with what perfectionism can do to a person. Frequently, a perfectionist can look like a chronically untidy procrastinator. So, if you consistently set unrealistic goals and never feel like you're enough, this is the workshop for you. We'll talk about what perfectionism really is, how it impacts your life, and ways to finally stop those negative thought cycles.

MONDAY, JANUARY 24: 13.00-16.00 @ Wijnhaven 2.17

HAPPINESS TRAINING

Trainer: Ellen Dreezens

Happiness is far more complex than it first appears. Sometimes, when we achieve a goal that's supposed to make us happy, we're left feeling oddly hollow. This workshop engages with managing our expectations and discovering what's worth chasing regarding personal fulfillment.

TUESDAY, JANUARY 25: 13.00-16.00 @ Wijnhaven 4.78

SELF-DEFENSE & SELF-PROTECTION

Trainer: Soar with Us

This beginners course combines theory and physical practice leaving participants with a greater sense of awareness and critical thinking skills under pressure. It is also an opportunity to learn simple techniques of self-defense that are useful in real-world scenarios. We'll discuss the role of the bystander, reasonable force, and basic floor defense.

THURSDAY, JANUARY 27: 13.00-16.00 @ The Beehive

"I MAY DESTROY YOU"

I May Destroy You (2020) is an Emmy and Bafta award-winning HBO/BBC series from writer and actress Michaela Coel. The series questions sexual consent in contemporary life. It is both biting and hilarious and darkly confronting. As you can imagine, there are discussions and depictions of sexual violence. The engagement with these topics is also coming from a survivor's perspective. It's also one of the most deeply inclusive works of television seen in recent years. Each episode is 30 minutes long and will be shown in four episodes in a sitting, with a brief chat at the end of each viewing.

All screenings will be held in AvB 3.16

January 24, 16.00-18.00 - Episodes 1-4

January 25, 16.00-18.00 - Episodes 5-8

January 27, 16.00-18.00 - Episodes 9-12

WELLNESS TRACK

ALUMNI TRACK

MASTER CLASSES

Master classes offer students a deep dive into a topic that lies close to an alum's heart. These range from explorations of complicated historical and political issues, to practical advice on careers.

SUGGESTED DONATION: 10 euros for the first class, plus 5 euros for each additional one.

- Finding Relevant Employment after LUC
- Regulating Fair Access to Vaccines
- Multimedia Journalism
- Colonialist Structures in the Dutch Constitutional System

MINI-COURSES

The Winter Academy is also offering longer courses from alumni. Three of these work on building skills: in data science, in written expression, and in activism. The fourth gives students a legal perspective on the housing crisis in the Netherlands. **SUGGESTED DONATION: 20 euros for the first course, plus 5-10 euros for each additional one.**

- Activism & Community Organising
- Reframing Writing
- Social Data Science
- Housing as a Human Right

**ALL DONATIONS GO TO THE
LUC SCHOLARSHIP FUND**

FINDING RELEVANT EMPLOYMENT AFTER LUC

Instructors: Vincent Miča & Bálint Pataki

Leaving LUC is often difficult. It does get easier if you have a plan, though. A plausible, albeit potentially daunting option is getting a useful job. The road leading up there has many stages, and we would like to help current students see the different stops along the road. Therefore, we would like to cover what you should do before setting out on this journey, how you can succeed in the different stages of selections, and negotiating your employment offer.

**MONDAY, JANUARY 24: 18:00-20:00 - ONLINE
(MS TEAMS)**

Vincent graduated from LUC in 2020, as an IJ major, former RA, Coasters floor manager, and Res Publica co-founder. And so, he was unemployed for the first half year after graduating, until eventually seizing an internship at the Czech consulate in Sao Paulo, and later becoming a trainee at the European Commission, where he is now, half a year later, as a legal assistant.



Bálint is a Public Policy Analyst at KPMG, where he supports consultancy projects for the Hungarian government and EU bodies on economic, sustainability and regional development policies. At LUC, Bálint studied Governance, Economics and Development, and served as a Research Assistant, Residential Assistant and Student Member to the Programme Board.



MASTER CLASS

REGULATING FAIR ACCESS TO VACCINES

Instructor: Frenkchris Sinay

Should Western countries release intellectual property rights on vaccines to developing nations? And more practically, how are these issues negotiated at the WTO level? This class challenges students to explore these questions from various disciplinary angles and to step in the shoes of WTO negotiators.

**TUESDAY, JANUARY 25: 9.00-11.00 -- ONLINE
(PLATFORM TBD)**

Frenkchris Sinay is an LLM candidate at the College of Europe. During his studies at Leiden and the Graduate Institute in Geneva, he trained at leading law firms as well as at the United Nations International Law Commission and the Permanent Missions of the Netherlands and the European Union to the World Trade Organisation.



MASTER CLASS

MULTIMEDIA JOURNALISM

Instructors: Maarten Molenaar & Hannah van der Wurff

This class will offer students the opportunity to learn about what life is like as a journalist. Maarten and Hannah will introduce the basics of interviewing, writing, audio and video production, with an emphasis on multimedia journalism. Students will be introduced to examples of great journalism that students can read or watch beforehand, as well as the tools that they can use to make their own audio or video production. Students are invited to come with any questions they might have about journalism, as well.

WEDNESDAY, JANUARY 26: 15.00-17.00 @ AVB



Hannah: After receiving my World Politics diploma from LUC I started a MA in Journalism. Ever since, I have been freelancing as a podcast and text based journalist for several outlets in the Netherlands and internationally. Currently I work as a reporter and podcast producer at national newspaper *Trouw*.



Maarten: After graduating from LUC I went on to intern at het Financieele Dagblad as an Infographics creator and cartographer. After a brief detour into GIS at Esri Nederland, I am now a freelance videographer and infographics artist for a variety of clients like the Volkskrant, Leiden University and international sporting events.

MASTER CLASS

COLONIALIST STRUCTURES IN THE DUTCH CONSTITUTIONAL SYSTEM

Instructor: Jasper Nooren

The constitutional structure of the Kingdom of the Netherlands aims to combine three island countries (Curaçao, Aruba and Sint-Maarten) and their former colonizer, the Netherlands. Although the current constitutional structure is something most parties theoretically agreed to, there are some serious flaws. The three island countries have no votes in Parliament, they are outnumbered in the Council of Ministers and the new dispute settlement mechanism vital to balancing this out has recently been withdrawn in Parliament. This raises the question to what extent the colonial legacy of the Netherlands is still present in today's current structure.

THURSDAY, JANUARY 27: 09.00-11.00 @ AVB

I am Jasper and I graduated from LUC in 2020. Alongside my studies at LUC, I pursued my law degree which I'm aiming to finish in 2022. I've lived in Curaçao when I was younger and have written many essays and my capstone on the Caribbean islands of the Kingdom of the Netherlands. I'm hoping to return to Curaçao for an internship in February and I'm thrilled to give this masterclass on the Caribbean islands of the Kingdom.



MASTERCLASS



ACTIVISM & COMMUNITY ORGANISING

Instructors: Jonathan Leggett & Pieter Sellies

People study at LUC because they have an interest in the idea of "tackling global challenges". Of course the careers that most students pursue contribute to this to a degree, but in terms of the climate crisis it is also clear that our politicians, policy makers, civil society organisations, etc. are unable to impact the course of climate policy to the extent that is necessary. This means that we need a different approach to how we try to influence power, one that is focused on becoming powerful ourselves. This course will introduce students to the basics of activism, and enable them to take on a more active role in community organising themselves.

**MONDAY, WEDNESDAY, AND FRIDAY
JANUARY 24, 26, 28: 9.00-11.00 @ AVB**

After graduating in 2020 I could think of nothing more significant than being part of the movement for climate justice. I wanted to try out different things to see where I fit and what I was good at, so I joined XR to learn about building movements, did 'big organising' at Milieudefensie, got involved in local politics and organised the 'Klimaatmars' during COP26.



Hi, I'm Jonny! I graduated LUC in 2021, having done my major in World Politics and my minor in Earth, Energy, and Sustainability. I'm now studying Global Environmental Change and Policy at VU. Alongside that, I've been involved in Extinction Rebellion since it started in 2018, and have organized actions, consulted on messaging, worked on intersectionality and decolonizing the movement, as well as outreach, training, and collaborations with other movements. When I'm not studying or campaigning I like to cook, read, and volunteer in my community garden!



REFRAMING WRITING

Instructor: Ailish Lalor

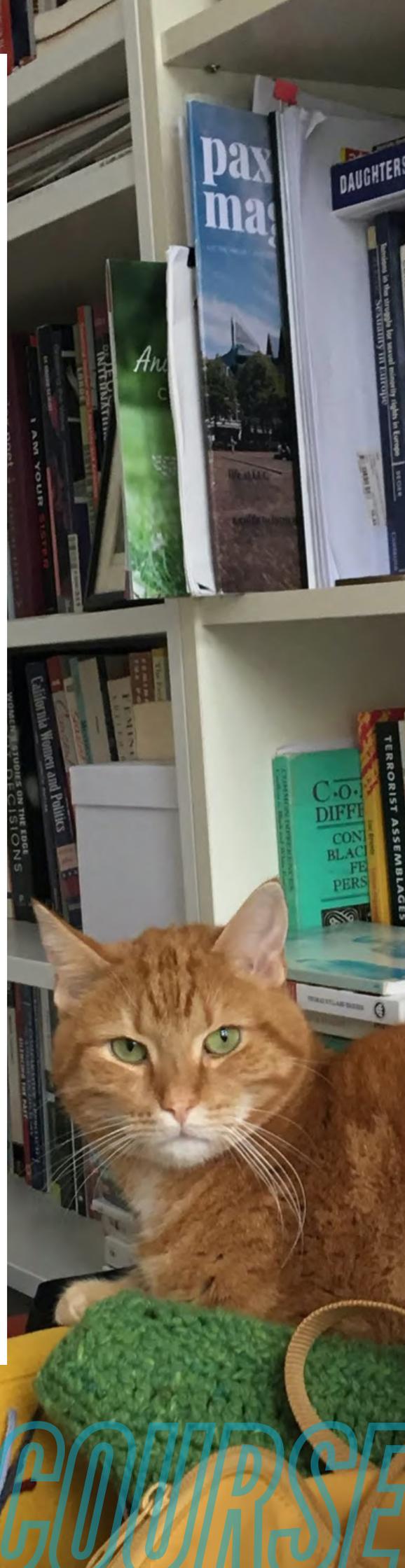
Writing is an essential part of LUC life, but we tend to see it as a task rather than a tool. Although we usually pay attention to the content and style of the pieces of writing we turn in, we're missing an awareness of what is taking place as we write. And because we treat writing as a mechanical process rather than a craft, we lose out not only on better writing, but also a better relationship with writing.

This class will be useful for students who want to strengthen their writing for academic purposes, but it is equally suitable for those who care about writing outside and beyond the university. This series of three classes reframes writing as understanding, as labour, and as sharing.

**MONDAY, WEDNESDAY, AND FRIDAY
JANUARY 24, 26, 28: 11.00-13.00 @ AVB**



Since graduating from LUC in 2019, Ailish has worked at a web magazine and a bookstore. She is now in the final stretch of her ResMA in History at Leiden University, and also works at LUC, at the Writing Studio and as a TA for the College Project. She is really good at having existential crises and then writing about them.



MINI-COURSE

SOCIAL DATA SCIENCE

Instructor: Willem Zents

The new and growing interdisciplinary field of social data science combines theories, concepts, and methods from the social sciences and the computational sciences. It allows researchers to create viable datasets out of messy, real world data, and to develop the tools and techniques to analyze them to tell us something about the world. The course will offer students a combination of theory and methods. This course will be interesting to LUC students from all backgrounds and majors because while big data plays an increasingly large role in society and offers many exciting opportunities, it also poses significant ethical, legal, and social dilemmas.

TUESDAY, JANUARY 25: 9.00-11.00

WEDNESDAY, JANUARY 27 AND

FRIDAY, JANUARY 28: 13.00-15.00 -- ALL @ AVB



After majoring in GED at LUC, Willem went on to do an MSc in Social Data Science at the University of Oxford. He currently works as a data analyst at dating app Bumble, working on safety and inclusion.

MINI-COURSE

HOUSING AS A HUMAN RIGHT

Instructor: Rana Kuseyri

On the 17th of October 2021, thousands of people took to the streets of Rotterdam to demand adequate and affordable housing. More protests have since taken place in different cities in the Netherlands, with each one echoing the same call for better housing provision. Residents' associations have also started legal proceedings against housing corporations, hoping to have their housing rights formally recognized by national judges. Where can we find this right to housing in the law itself? What is its exact scope and what obligations does it create for states? How do states give life to this right, if at all? These are some questions we will dive into during our two-day winter course.

**TUESDAY AND THURSDAY
JANUARY 25 & 27: 11.00-13.00 @ AVB**

My name is Rana Kuseyri and I graduated from LUC with a major in International Justice in 2020. I finished my LLB in Dutch law this last summer and I'm currently doing a research master in law at Utrecht University. My research focuses on how the law interacts with and exacerbates socio-economic inequalities. I am currently working in a few different roles - as an executive editor for a journal, as a student assistant for the Institutions for Open Societies research group, and as a research assistant for human rights lawyer Nani Jansen Reventlow. I am also an ambassador for ECHO and for the Utrecht University First-Generation Fund.



WINTER COURSE

COURSE SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-11.00	Activism & Community Organising	Fair Access to Vaccines (online) Social Data Science	Activism & Community Organising	Colonialist Structures in the Dutch Constitutional System	Activism & Community Organising
11-13.00	Reframing Writing	Housing as a Human Right	Reframing Writing	Housing as a Human Right	Reframing Writing
13-15.00	Perfectionism Workshop	Happiness Training	Social Data Science	Self-Defence & Self-Protection	Social Data Science
15-17.00			Multimedia Journalism		A festive wrap-up will be planned!
16-18.00 FILMS	I MAY DESTROY YOU (EPISODES 1-4)		I MAY DESTROY YOU (EPISODES 5-8)	I MAY DESTROY YOU (EPISODES 9-12)	
18-20.00	Finding Employment after LUC (online)				

After registration, you will receive information about the classroom location and/or online platform.



REGISTER NOW

Questions?

email a.m.lalor@umail.leidenuniv.nl