

Access and Support Platform (ASP) - Project: Getting Creative

Many disabled students are not able to participate in activities organised by student associations or sportclubs. ASP organised two handicraft workshops that gave students with disabilities the opportunity to participate in a safe, accessible and fun activity.

1. Knitting & Crocheting Workshop

This workshop offered students the opportunity to learn or enhance their skills in knitting and crocheting with ASP and the help of volunteers from the ESN Yarn Club. The activity increased community building among the students with disabilities, decreased stress and pressure on students through a fun and relaxing activity and expanded the awareness of ASP.



2. Tote Bag Decorating Workshop

This workshop gave participants the chance to socialise in a low-stakes event. In a secure environment everyone could relax from the day-to-day stress and get to know one another. Further, this event had a positive long term effect on the students' awareness of ASP because many had gotten to know about the organisation through it.



Both workshops contributed to the inclusion of students with disabilities in spaces that are not always accessible to them. They gave the participants the chance to relate and meet each other and form connections in the community of disabled students.

Further, it gave them the chance to learn new skills in a safe environment.