

Online VIPP-SD Training Course march 2021

VIPP Training- and Research Center



The VIPP Training and Research Centre of Leiden University is hosting an online training in the use of the Video-feedback Intervention to promote Positive Parenting and Sensitive Discipline (VIPP-SD) for professionals. The goal of this VIPP-SD basic course is to introduce the



participants to the elements of the VIPP-SD method, thereby increasing their knowledge and understanding of its practical use and its effectiveness. Participants will be taught how to apply the VIPP-SD through guided practice by means of illustrations and exercises.

Dates

Training course: March 9 (tue), 10 (wed), 16 (tue), 17 (wed), 29 (mon), 30 (tue) and 31 (wed).

Training days are from 9.30-14.00/14.30. There will be a coffee/tea break in the morning and a 40-minute lunch break.

Supervision trajectory: In consultation with the supervisor 5 online (group) supervision meetings will be planned, preferably between **April 2021 and September 2021**. Please note that the supervision trajectory with the practice family should start within 6 months after the VIPP-SD basic course.

Practice family

Following the basic 4-day VIPP-SD course, participants will put the method into practice with a “practice family”. Online supervision meetings will be provided (probably via Zoom) with a supervisor to prepare for the home visits with the practice family. Therefore, participants will need to identify a practice family during or after the course. You will work with one parent and one child. This could be an acquaintance or a friend (of a friend) for example, with a child between the ages of 1 and 6 years. The family should not be a service user, because you are still learning and you need to be able to make mistakes. More information on how to select a practice family will be given at the start of the course. You will visit the practice family during 7 home visits. During the first visit you will get acquainted with the parent and child and make recordings; this will take about 45 minutes. The following home visits will be intervention visits in which you will make new recordings and provide feedback session on previous videos. Therefore, home visits 2-7 will take approximately 1,5 hours each. The home visits may be scheduled about 2-3 weeks apart. The completion of the supervision trajectory with the practice family thus takes approximately 3 to 4 months.

Indication of training hours (total 91 hours)

Basic course (44 hours) :	Attendance 7 x 4,5 hours = 31,5 hours Preparation and homework: 12,5 hours
Practice family (37 hours):	Home visit 1 (recording only): 1 hour Home visit for intervention: 6 x 2 hours = 12 hours Prepare home visits for intervention (scripts): 6 x 4 hours = 24 hours
Supervision (5-20 hours*):	Supervision sessions (5 x 1 to 4 hours*) = 5 to 20 hours Preparation reflection report = 2 hours

*In consultation with the supervisor, supervision meetings are planned preferably in pairs (2 hours) or groups of 3 to 4 people (3 to 4 hours), but can also be planned individually (1 hour). This depends on the wishes and schedules of the participants and supervisors. Dutch participants who want to use the training for their SKJ registration (ID: SKJ204156) or NVO/NIP registration (ID: 371632) need to participate in group supervision meetings. For more information on accreditation of this course, see our website.

Registration fee, cancelation policy and payment The costs of the training including the supervision are € 1500,- As soon as the minimum number of participants is reached, we will send an e-mail to inform everybody who signed up for the training course that the course will go through and you will receive an invoice that should be paid before the start of the training. Cancellation up to confirmation of the training is free of charge. Requests must be submitted by e-mail (vipp@fsw.leidenuniv.nl). If you want to cancel after the course is confirmed and registration of the participants is formalized, you can be charged 100%. After consultation, it is possible to let someone else (for example a colleague) take your place at all times. The VIPP Research and Training Center will communicate potential cancellation of the training due to insufficient enrollment at least one month before the start of the training.

Attendance and certification

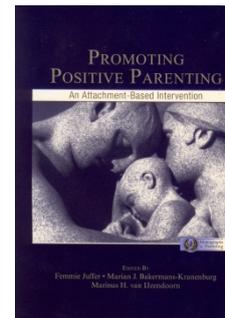
The participants need to attend all sessions of the training course. After completion of the VIPP-SD Training Course AND the supervision phase with the practice family, participants shown to have proficient knowledge and understanding of the method, will be certified. Certified VIPP-SD interveners will be registered by the Centre for Child and Family Studies, Leiden University.

Course material and literature

Before the start of the training you will receive the VIPP-SD manual in English via post. Participants are strongly recommended to read the journal article 'Effective preventive interventions to support parents of young children: Illustrations from the Video-feedback Intervention to promote Positive Parenting and Sensitive Discipline (VIPPSD)' by Juffer, F., Struis, E., Werner, C., & Bakermans-Kranenburg, M.J. published in 2017 in the *Journal of Prevention and Intervention in the Community*. We will provide this article digitally, as well as some short videos that participants need to watch in preparation of the training course.

Participants who want to read more on VIPPSD, we recommend the book 'Promoting Positive Parenting: An attachment-based intervention' by Juffer, Bakermans-Kranenburg & Van IJzendoorn, 2008 and some recent (open access) articles:

- Juffer, F., Bakermans-Kranenburg, M. J., & van IJzendoorn, M. H. (2017). Pairing attachment theory and social learning theory in video-feedback intervention to promote positive parenting. *Current opinion in psychology*, 15, 189-194.
- Juffer, F., & Bakermans-Kranenburg, M. J. (2018). Working with Video-feedback Intervention to promote Positive Parenting and Sensitive Discipline (VIPPSD): A case study. *Journal of Clinical Psychology*, 74(8), 1346-1357.



Equipment

Working with VIPPSD means working with video as a professional. For the practice family you need a digital video camera and some (basic) editing equipment (e.g. Adobe premiere pro or Pinnacle Studio). Moreover, you will need a DVD player or laptop that can be connected to TV with HDMI cables / or protected external hard drive when a smart tv is available in the home of the family you're working with. You also need sets of toys to bring to the family during the home visits. The types of toys will be discussed during the training course.

Contact

Please contact Gea van Dam (secretary) or Claudia Vrijhof (VIPPSD coordinator) at vipp@fsw.leidenuniv.nl or +31 (0)71 527 3434 if you have any questions.

We are looking forward to meeting you at the training!