



My



Sustainability



Guide



PS. I'm super sustainable! Plant me!



Leiden University
Green Office



@leidenuniversitygreenoffice



www.universiteitleiden.nl/en/green-office

Leiden University



Re-use Me

Do you like coffee? Are you sick and tired of single use cups? So are we! Follow our three simple steps to re-use university coffee cup or your personal cup with the university coffee machines!

- 1) If using your own cup, make sure the interior is white or lightly colored otherwise re-use the disposable cup
- 2) Place cup on platform and wait for the cup icon on the display to turn blue
- 3) Blue cup icon? Congratulations you've just saved another cup from ending up in the landfill!

Enjoy your coffee!



Join the Pipe Water Points

We're 70% water so it only makes sense that we keep hydrated, right? Don't worry we've got you covered! The majority of our faculties have a Join the Pipe water point for you to fill up your water bottle! You're not just limited to the bathroom sinks or expensive bottled water anymore!

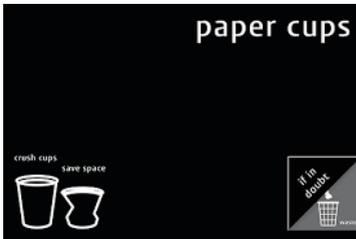
What? You don't have a water bottle? No biggie! You can buy a Join the Pipe bottle at any Leiden University cafeteria. They come in a variety of funky colours so don't be afraid to go all out!



Leiden University Green Office Events

We host a variety of events ranging from workshops to company visits both in the Hague and Leiden so to spread the awareness of and about sustainability for both students and staff! Don't forget to check our social media for the upcoming happenings!

Recycling system Leiden University



Glad to hear you enjoyed your coffee at one of the faculties! The black university bins are **exclusively** for single use coffee cups. Make sure there is no liquid in the cup when disposing of it! Each coffee cup that ends up in the paper cups stream is fully recycled. It's simple right?

Now, I know what you're going to say. This is self-explanatory, right? Well it never hurts to double check...

- (plastic) bottles
- (metallic) cans
- juice box
- milk carton



If unsure always go
for waste!



For the full Leiden
University waste guide
follow



Leiden & The Hague

Too Good To Go

Before ordering a meal through a mainstream delivery service, you definitely want to see what is on Too Good To Go (Android – iOS). This app will give you amazing reduced prices for food from restaurants, cafes, fast food or supermarkets of food that would otherwise have be wasted!



Too Good To Go

Green Kitchen & Conscious Kitchen



Student-lead initiatives to combat food waste in both cities! Volunteers pick up produce, that would otherwise have been thrown away, at markets and cook a large social meal. Anyone is welcome to join at the dinner or as a volunteer! For more information visit Facebook:

@ GKLeiden

@ ConsciousKitchenNL

Second hand stores

If you're looking for furniture for your new room search no further! Both **Leiden** and **The Hague** are full of funky second hand stores piled up with perfectly fine goods for your upcoming university years! Luckily, we've made an extensive list of 'kringloopwinkels' (second hand stores) in both cities. Make sure to check the stores out in our sustainable guide

Curious about more sustainable tips? Visit the full version of our sustainable guide on

