# Contest rules Leiden Science Run 2023

#### General

- 1. The Leiden Science Run is a sponsored run in the form of a relay run over a route around and across the grounds of the Bio Science Park in Leiden and Oegstgeest.
- 2. Participation is open to all.
- 3. The registration procedure has been established in the registration rules of the Leiden Science Run.
- 4. Every participant takes part at their own risk. The Faculty of Science cannot be held liable for any loss or damage to personal property, nor for any injury suffered.
- 5. All participating teams declare that they are familiar with the contest rules and agree to comply with these rules.

## **Organisation and powers**

- 6. The Leiden Science Run involves the following bodies: the contest officials, the organising committee and the contest office.
- 7. The contest officials are authorised, for medical or other reasons, to
  - a. Exclude or remove a participant from the race (in the latter case the runner is considered to be a drop-out).
  - b. Disqualify or remove a team from the race (this team is then not included in the final results).
  - c. Restitution of the donation will not be made in the case of a. and/or b.
- 8. The organising committee and the contest officials reserve the right at any time to change certain parts of the route or to cancel the entire race.
- 9. The contest office is responsible for the final results. It is authorised to impose penalty time upon discovery of a violation. The contest office is also responsible for dealing with complaints.
- 10. The organising committee reserves the right to forbid sponsor promotions. This applies both to the race itself and to the award ceremony. If a runner or team refuses to remove or conceal the relevant sponsor promotion, the runner or team in question may be excluded from the race.
- 11. In all cases not provided for in these rules, the final decision rests with the responsible body.

## Design of the race

- 12. The Leiden Science Run consists of four stages of 5 km each. The precise route can be found on the <u>website</u>.
- 13. The exchange point is in front of the entrance of the Snellius Building (Niels Bohrweg 1), which is clearly marked.
- 14. The traffic cones before and after the finish line indicate the exchange area. Successive runners must high-five each other within this exchange area. Only after doing so, the next runner may start their lap.
- 15. The exchange point will be manned during the entire race.
- 16. The route described on the website must be followed. The signs along the route only function as an indication. Should it be necessary to deviate from the route described on the website, a person from the organisation will inform the team leaders of this fact.
- 17. The runners may be accompanied by a cyclist, to support them in the run and to ensure that the runners follow the route. The team leader is responsible for providing a bicycle and a cyclist.

# Regulations

- 18. The Road Traffic Act and the Road Traffic and Traffic Signals Regulations apply to the race under all circumstances.
- 19. Instructions by the police and staff members of the Leiden Science Run must be followed immediately and strictly. Not following instructions may lead to disqualification by the contest officials.
- 20. The runners must, unless otherwise indicated, run on the right-hand side of the road.
- 21. The cyclist may never cycle past the start/finish line.
- 22. Cases of accidents or serious injuries must be reported immediately to the closest staff member. The victim should wait for help.
- 23. All organisational vehicles must be given direct access at all times during the race.

# **Contest Regulations**

### **GENERAL PROVISIONS**

- 24. A runner must wear his/her start number at all times, unless the contest officials have ruled that a runner may run without a start number. The start number should be clearly visible from the front.
- 25. The running time, i.e. the actual running time for each stage, is considered to be valid if the following conditions apply (a, b, c and d):
  - a. The start time and the finish time have been officially recorded by the contest
  - b. There has been no violation of the special provisions.
  - c. The valid running time has been transferred unchanged to a placement time that is incorporated in the stage results and final results. If there is no valid

- running time for a given stage, a penalty of fifteen minutes is added to the general placement time for the relevant stage.
- 26. If a runner is forced to end a stage prematurely, the contest office should be informed of this fact. Once the start number has been returned to the start/finish by the team itself, the next runner may start.
- 27. The organising committee determines before the race whether, and if so in what manner, the time of a participant with a handicap should be adjusted.
- 28. A team that does not have a valid running time for more than two stages is only included in the final results as 'outside the competition'.
- 29. Complaints should be submitted as soon as possible to the contest office. The results published after the race are considered preliminary. You can submit a complaint until the first Tuesday after the race by sending an e-mail to the organising committee in Leiden or to the contest office (events@science.leidenuniv.nl).

#### **SPECIAL PROVISIONS**

- 30. A runner is only allowed to start once he or she has received a high-five from the finishing previous runner within the exchange area.
- 31. In the event of a runner dropping out, the team can decide to have a runner run two stages. This should be reported to the contest office.
- 32. A runner may not complete a stage in any other manner than by walking or running. This article does not apply if the organising committee or contest officials have granted an exemption to this condition before the race.
- 33. It is not permitted to shorten a stage without permission from the contest officials.
- 34. Every team should hand in a final stage layout to the contest office prior to the race. This can be done on the day of the race itself, up to one hour before the start of the race.
- 35. The Faculty of Science reserves the right if necessary to make amendments to these conditions at any time.