

1 START (from Nonnenbrug [Nuns Bridge] Leiden).

2 Turn right from the Nonnenbrug, cycle past the Hortus botanicus and then after 100m turn right across the bridge and then immediately turn left, Rapenburg.

3 At the crossroads, continue straight on, Kort Rapenburg.

4 Turn left over the bridge and then right again, Steenstraat.

5 Follow the road as it bears left past the Bus Station.

6 Take the first cycle path on your right in the direction of Wassenaar, through the tunnel.

7 Take the cycle path to the left past the hospital (LUMC).

8 Go straight on at the roundabout, Sandifort-dreef.

9 Turn right at the end of the road, Wassenaarseweg.

10 Turn left at the roundabout, Rijnsburgerweg.

11 Continue straight on at the traffic lights, Leidsestraatweg.

12 Take the second road on the left, Wilhelminapark.

13 Bear left at the square.

14 Cross over at the end of the road and follow the bike path to the left, Rhijngeesterstraat/Endegeesterstraatweg

15 At the T-junction take the cycle path to the right.

16 Cycle under the A44 and turn left immediately onto the cycle path. If there is a diversion, follow the signs for cyclists until you are back on the route.

5 KM
17 At the crossroads, turn right in the direction of Valkenburg. Cycle path merges with Torenvlietslaan.

18 Cross the bridge and turn right immediately, Kooltuinweg.

19 At the roundabout turn left towards Wassenaar, Wassenaarseweg.

10 KM
20 Keep following the cycle path.

21 At the roundabout carry straight on, Katwijkseweg.

22 At the next roundabout cross over and turn right, Wassenaarseslag. Follow De Klip uphill.

15 KM
23 First cycle path to the left towards Scheveningen.

24 After 4km turn left towards Boerderij Meyendel. At the end of the path on the right you can stop for coffee at: Boerderij Meyendel.

20 KM
25 From Boerderij Meyendel turn right towards the car park.

26 Cross the first car park and just before the second one turn right onto the cycle path.

27 After 550m keep right and continue along the cycle path.

28 After 200m turn left and follow the cycle path.

29 Continue along the cycle path.

30 The cycle path merges with Oude Waalsdorperweg.

31 Continue straight on towards Scheveningen at the mini-roundabout.

32 At the big roundabout turn right to continue on the cycle path, Oude Waalsdorperweg.

33 At the crossroads carry straight on at the traffic lights, Waalsdorperweg.

25 KM
34 At the fork bear left, Oostduinlaan.

35 At the traffic lights at the end of the road, carry straight on, Jan van Nassaustraat.

36 Turn right at the end of the road, Zuid-Hollandlaan.

37 At the traffic lights follow the cycle path to the left along Malieveld in the direction of Central Station.

38 At the end of the cycle path cross over and turn left, Bezuidenhoutseweg (see point 45 further).

39 **Optional:** visit Wijnhaven, at Leiden University Campus The Hague.

40 At the end of the cycle path turn right, Beduidenhoutseweg/Herengracht.

41 Follow the road as it bears left, Fluwelens Burgwal.

42 Turn left just before the road bears right, Wijnhaven (dismount and walk the last 300m). Cross the tram tracks and keep left. After 100m on your right:

START (from Wijnhaven The Hague
Turfmarkt, 99, The Hague

Please park your bike in designated spots only.

43 From Wijnhaven walk back the same way and at the fork turn right onto Fluwelens Burgwal.

44 Bear right, Herengracht/Bezuidenhoutseweg.

45 Pass Central Station and cross over at the traffic lights and continue straight on, follow Bezuidenhoutseweg.

46 At the next crossroads cross over and turn left towards Wassenaar, Laan van Nieuw Oost-Indië.

47 After 300m turn right, follow the cycle path towards Haagse Bos towards Wassenaar/Leiden.

30 KM
48 Keep following this cycle path.

49 Turn right at the end, Leidsestraatweg.

50 Just before the crossroad turn right and go through cycle tunnel towards Leiden.

51 After the tunnel continue straight ahead on the cycle path along the A44.

52 At the third crossroads with traffic lights turn left onto Houtlaan and after 20m turn left again in the direction of Voorschoten.

53 Go through the tunnel. Watch out for oncoming traffic! Keep right and at the end of the tunnel turn left towards Voorschoten, Raaphorstlaan.

54 After the bend turn right into Horst en Voordelaan.

35 KM
55 After the next tunnel turn left towards Leiden (past de Raephorst). Fancy a coffee? Turn right after about 2 km and then after 150m turn right again to Theehuis Jansland. Return to the cycle path along the train tracks to continue route.

56 Keep following the cycle path straight ahead along the train tracks.

57 At Voorschoten station go over the railway bridge and straight on in the direction of Leiden.

58 At the T-junction turn left towards Leiden, Oranjewetering.

40 KM
59 At the junction turn left and cross the bridge towards Leiden, Tuinderspad.

60 At the end of the cycle path cross over at mini-roundabout, turn right and immediately left. Follow 'doorgaand verkeer' (through traffic).

61 Turn right at the end of the cycle path, Stevenshofdreef.

62 Cross over at the crossroads and turn left towards Leiden Centre, Haagweg.

63 At the crossroads keep left in the direction 'Centrum', go through the cycle tunnel and continue straight on, Haagweg.

64 Carry straight on at the traffic lights, cross the railway line, Haagweg/Noordeinde.

65 Turn right at the crossroads, Rapenburg.

66 After 500m turn left, Nonnenbrug Leiden.

FINISH (44.4 km)

Did you know that...?

- A** The Academy Building was once the chapel of a convent, which explains the name Nonnenbrug [Nuns Bridge]. It is now the venue for academic events such as lectures, inaugural lectures and PhD ceremonies.
- B** About 24,000 students are studying at Leiden University in Leiden.
- C** Rembrandt enrolled as a literature student in 1620. And that he painted famous Leiden alumni such as Marten Soolmans, Jan Six and Nicolaes Tulp.
- D** The musical Soldaat van Oranje is about Erik Hazelhoff Roelfzema, who studied Law at Leiden University and was active in the Resistance during the Second World War.
- E** Biologists and environmental scientists from Leiden work together with Dunea, the region's water supply and dune conservation agency, to study how best to protect nature in the dunes.
- F** About 5,000 students are studying at Leiden University's Campus The Hague.
- G** Urban Studies is a new English-taught bachelor's programme at Leiden University in The Hague where students can study current and future urban issues.
- H** Wijnhaven is the largest of Leiden University's premises in The Hague. On the Spanish Steps in Wijnhaven, there are regular talks by speakers from home and abroad on topical themes.
- I** Heike Kamerlingh Onnes, professor of physics at Leiden University from 1882 to 1924 and winner of the Nobel Prize for Physics in 1913, is buried at the village church in Voorschoten. In 1908, Leiden was officially the coldest place on earth. That was the year Kamerlingh Onnes managed to create liquid helium.
- J** Kraken in Leiden is an app that tells you all about the history of squatters in Leiden from 1970 to 2010? The app was developed by historians from Leiden.



444 CYCLE ROUTE

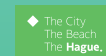
A scenic tour of Leiden and The Hague

44,4 KM



Universiteit
Leiden

444



LEIDEN
stadvanontdekkingen

444 CYCLE ROUTE

44,4 KM



START
WIJNHAVEN
Turfmarkt 99

START
NONNENBRUG
Rapenburg 73

A scenic tour of Leiden and The Hague

Leiden University reached the ripe old age of 444 in 2019! We treasure our place in the heart of Leiden and The Hague – 444 years in Leiden and almost 20 years in The Hague. Good reason to celebrate our 444th anniversary with the residents of these fantastic cities. To celebrate our 444th birthday, we have developed a cycle route of exactly 44.4 km that takes you past the most picturesque spots in Leiden, The Hague and everything in between. Because even if we say so ourselves: it's rather beautiful here!



If you take a selfie or photo on the route, you can share it with us on social media and tag #444jaar

The route is also available as a printable PDF, on Strava or as a GPS route. For more information and other 444 activities see

www.universiteitleiden.nl/444/fiets.

